

Fairfax Food Service

April 2024

LK Lunch Menu

Monday, April 1, 2024	Tuesday, April 2, 2024	Wednesday, April 3, 2024	Thursday, April 4, 2024	Friday, April 5, 2024
<p>Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c</p> <p>VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz</p>	<p>WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2 ea.</p> <p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c</p> <p>VEG: Macaroni & Cheese, 1/2 c Morningstar Veggie Nuggets, 3 ea.</p>	<p>Beef Nacho Fiesta, 1/4 c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c</p> <p>TODS & TWOS Wheat Dinner Roll, 1 ea. Carrot Coins, 1/4c</p> <p>VEG: Vegetarian Nacho Fiesta, 1/4 c</p>	<p>**Italian Beef Meatball Sub**, 1/2 ea. **Italian Beef Meatballs, 3 ea. Sub Roll**, 1/2 ea. Shredded Mozzarella Cheese, 1/2oz (2 Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c</p> <p>TODS & TWOS Applesauce, 3/8c</p> <p>VEG: Italian Veggie Meatball (2 ea.) Sub, 1/2</p>	<p>Corn Dog Nuggets, 5 ea. Ketchup Tossed Salad w/Mixed Greens, 1/2 c Ranch Orange Wedges, 4 ea.</p> <p>TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8 c</p> <p>VEG: Morningstar Veggie Nuggets, 5ea</p>
<p>Monday, April 8, 2024</p> <p>Teriyaki Diced Chicken, 1/3 c Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Mixed Peaches & Pears in Juice, 3/8c</p> <p>TODS & TWOS Carrot Coins, 1/4c</p> <p>VEG: Egg Roll 1 ea.</p>	<p>Tuesday, April 9, 2024</p> <p>Lean Beef Hamburger on Bun, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c</p> <p>TODS & TWOS Steamed Green Beans, 1/4c Applesauce, 3/8c</p> <p>VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz</p>	<p>Wednesday, April 10, 2024</p> <p>Chicken Fajitas, 1/3c Shredded Cheddar Cheese, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea</p> <p>VEG: Chickenless Fajita Strips, 1/3 c</p>	<p>Thursday, April 11, 2024</p> <p>WG Buttermilk Pancake, 1 ea. w/ Chicken Sausage, 1 ea. Syrup Fresh Baby Carrots, 1/4c Ranch Orange Wedges, 4 ea.</p> <p>TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8 c</p> <p>VEG: Morningstar Veggie Sausage, 1 ea.</p>	<p>Friday, April 12, 2024</p> <p>**Meatless Baked Ziti**, 1/2c **WG Pasta, Marinara, 3 Cheese, Soy, 1/2c** Peas/Carrots/Green Beans/Corn/Lima Bean, 1/4c Wheat Dinner Roll, 1ea Pears in Juice, 3/8c</p> <p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c</p> <p>VEG: Meatless Baked Ziti, 1/2c</p>
<p>Monday, April 15, 2024</p> <p>Swedish Beef Meatballs, 3ea Plain WG Brown Rice w/Cauliflower, 1/3 c Fresh Baby Carrots, 1/4c Ranch Pineapple Tidbits, 3/8c</p> <p>TODS & TWOS Sweet Tender Peas, 1/4c Peaches in Juice, 3/8c</p> <p>VEG: Vegan Meatballs in Vegan Gravy, 2ea</p>	<p>Tuesday, April 16, 2024</p> <p>**Pizza Pasta Bake** 1/2c **WG Pasta/Marinara/Beef Crumbles Chicken & Beef Pepperoni/Tomato Sauce** Shredded Mozzarella Cheese, 1/2oz 100% Whole Wheat Bread, 1/2sl Steamed Green Beans, 1/4c Banana, 1/2ea</p> <p>VEG: Vegetarian Pizza Pasta Bake, 1/2 c</p>	<p>Wednesday, April 17, 2024</p> <p>WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4 ea.</p> <p>TODS & TWOS Mandarin Oranges, 3/8 c</p> <p>VEG: Macaroni & Cheese, 1/2 c Morningstar Veggie Nuggets, 3 ea.</p>	<p>Thursday, April 18, 2024</p> <p>Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2 c Caesar Dressing Parmesan Cheese Gala Apple, 3/8c</p> <p>TODS & TWOS Applesauce, 3/8c Steamed Green Beans, 1/4c</p> <p>VEG: Black Beans, 1/2 c & WG Brown Rice w/Cauliflower, 1/3 c</p>	<p>Friday, April 19, 2024</p> <p>Fish Patty on Bun, 1 ea. WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Peaches in Juice, 3/8 c</p> <p>TODS & TWOS Carrot Coins, 1/4c</p> <p>VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz</p>
<p>Monday, April 22, 2024</p> <p>Chicken Slider on Bun, 1ea Shredded Cheddar Cheese, 1/2oz Slider Bun, 1ea Ketchup Steamed Green Beans, 1/4c Mixed Peaches & Pears in Juice, 3/8c</p> <p>VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz</p>	<p>Tuesday, April 23, 2024</p> <p>Salisbury Steak & Gravy, 1ea Savory Mashed Potatoes, 1/4c Wheat Dinner Roll, 1ea Red Delicious Apple, 3/8c</p> <p>TODS & TWOS Applesauce, 3/8c</p> <p>VEG: Veg Black Bean Chili 1/2 c</p>	<p>Wednesday, April 24, 2024</p> <p>GF Chicken Tender, 3 ea. Ketchup Plain WG Brown Rice w/Cauliflower, 1/3c Fresh Baby Carrots, 1/4c Ranch Orange Wedges, 4 ea.</p> <p>TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8 c</p> <p>VEG: Refried Beans, 1/2 c / Cheese, 1/2 oz (side)</p>	<p>Thursday, April 25, 2024</p> <p>WG Spaghetti w/ Beef, Lentil Marinara, 1/2c Shredded Mozzarella, 1/2 oz 100% Whole Wheat Bread, 1/2sl Baby Spinach, 1/2 c Ranch Banana, 1/2ea</p> <p>TODS & TWOS Sweet Tender Peas, 1/4c</p> <p>VEG: WG Spaghetti Marinara/Shredded Mozzarella</p>	<p>Friday, April 26, 2024</p> <p>Boneless Chicken Wing Dings, 3ea Ketchup Wheat Dinner Roll, 1ea Peas/Carrots/Green Beans/Corn/Lima Bean, 1/4c Orange Wedges, 4 ea.</p> <p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c Mandarin Oranges, 3/8 c</p> <p>VEG: Morningstar Veggie Nuggets, 5ea</p>
<p>Monday, April 29, 2024</p> <p>Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Applesauce, 3/8c</p> <p>VEG: Veg Slider on Bun 1 ea. w/ Shred Cheese 1/2 oz</p>	<p>Tuesday, April 30, 2024</p> <p>WG Chicken Nuggets, 3 ea. Macaroni & Cheese, 1/2c Ketchup Tossed Salad w/Mixed Greens, 1/2c Ranch Banana, 1/2 ea.</p> <p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c</p> <p>VEG: Macaroni & Cheese, 1/2 c Morningstar Veggie Nuggets, 3 ea.</p>	<p>Wednesday, May 1, 2024</p> <p>Beef Nacho Fiesta, 1/4 c Shredded Cheddar Cheese, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8 c</p> <p>TODS & TWOS Wheat Dinner Roll, 1 ea. Carrot Coins, 1/4c</p> <p>VEG: Vegetarian Nacho Fiesta, 1/4 c</p>	<p>Thursday, May 2, 2024</p> <p>**Italian Beef Meatball Sub**, 1/2 ea. **Italian Beef Meatballs, 3 ea. Sub Roll**, 1/2 ea. Shredded Mozzarella Cheese, 1/2oz (2 Tbsp) Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c</p> <p>TODS & TWOS Applesauce, 3/8c</p> <p>VEG: Italian Veggie Meatball (2 ea.) Sub, 1/2</p>	<p>Friday, May 3, 2024</p> <p>Corn Dog Nuggets, 5 ea. Ketchup Tossed Salad w/Mixed Greens, 1/2 c Ranch Orange Wedges, 4 ea.</p> <p>TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8 c</p> <p>VEG: Morningstar Veggie Nuggets, 5</p>

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit).
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit)

GF = Gluten
Free may contain egg & or milk
WG = Whole Grain

To see your Nutrislice Menu go to ffsfood.com. Customers, Menus, scroll to find your schools name OR click link:

<https://ffsfood.com/schools-2/>