

Fairfax Food Service

April 2024

BK & BBK Lunch Menu

<u>Monday, April 1, 2024</u>	<u>Tuesday, April 2, 2024</u>	<u>Wednesday, April 3, 2024</u>	<u>Thursday, April 4, 2024</u>	<u>Friday, April 5, 2024</u>
<p>Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Shredded Cheddar Cheese, 1oz Ketchup Sweet Tender Peas, 1/2c Applesauce, 1/2c</p> <p>VEG: Veg Slider Bun, 2ea; Cheese (on side)</p>	<p>NAE WG Chicken Nuggets, 4 ea. Macaroni & Cheese, 3/4 c Ketchup Tossed Salad w/Mixed Greens, 1 c Ranch Banana, 1ea</p> <p>VEG: Macaroni & Cheese, 3/4 c Morningstar Veggie Nuggets, 4 ea.</p>	<p>Beef Nacho Fiesta, 1/2c Shredded Cheddar Cheese, 1oz GF Corn Tortilla Chips, 1/2c Sweet Yellow Corn, 1/2c Pears in Juice, 1/2 c</p> <p>VEG: Vegetarian Nacho Fiesta, 1/2c</p>	<p>Italian Beef Meatball Sub, 1 ea **Italian Beef Meatballs, 5 ea. Sub Roll, 1 ea.** Shredded Mozzarella Cheese, 1oz Steamed Green Beans, 1/2c Golden Delicious Apple, 1ea</p> <p>VEG: Italian Veggie Meatball(3)Sub, 1 ea.</p>	<p>Corn Dog Nuggets, 6ea Ketchup Tossed Salad w/Mixed Greens, 1 c Ranch Orange Wedges, 6 ea</p> <p>VEG: Morningstar Veggie Nuggets, 6 ea.</p>
<p>Monday, April 8, 2024</p> <p>Teriyaki Diced Chicken, 2/3 c Plain WG Brown Rice w/Cauliflower, 2/3 c Fresh Baby Carrots, 1/2 c Ranch Mixed Peaches & Pears in Juice, 1/2c</p> <p>VEG: Egg Rolls, 2 ea.</p>	<p>Tuesday, April 9, 2024</p> <p>Lean Beef Hamburger, 1ea WG White Wheat Hamburger Bun, 1ea Slice Cheddar Cheese, 1ea Ketchup Sweet Yellow Corn, 1/2c Red Delicious Apple, 1ea</p> <p>VEG: Veg Slider on Bun, 2 ea.; Cheese on side</p>	<p>Wednesday, April 10, 2024</p> <p>Chicken Fajitas, 1/2c Shredded Cheddar Cheese, 1oz Whole Wheat 6" Tortilla, 2ea Steamed Green Beans, 1/2c Banana, 1 ea</p> <p>VEG: Chickenless Fajita Strips 1/2 c</p>	<p>Thursday, April 11, 2024</p> <p>WG Buttermilk Pancake 2 ea. w/ Chicken Sausage, 2 ea. Syrup Fresh Baby Carrots, 1/2 c Ranch Orange Wedges, 6 ea</p> <p>VEG: Morningstar Veggie Sausage, 2 ea.</p>	<p>Friday, April 12, 2024</p> <p>**Meatless Baked Ziti** (WG Pasta, Marinara, 3 Cheese, Soy), 3/4c Peas/Carrots/Green Beans/Corn/Lima Bean, 1/2c Wheat Dinner Roll, 1 ea. Pears in Juice, 1/2 c</p> <p>VEG: Meatless Baked Ziti, 3/4c</p>
<p>Monday, April 15, 2024</p> <p>Swedish Beef Meatballs, 5ea Plain WG Brown Rice w/Cauliflower, 2/3 c Fresh Baby Carrots, 1/2c Ranch Pineapple Tidbits, 1/2c</p> <p>VEG: Vegetarian Meatballs (3ea)w/ Veg Gravy</p>	<p>Tuesday, April 16, 2024</p> <p>Pizza Pasta Bake, 3/4c (WG Pasta/Marinara/Beef Crumbles Chicken&Beef Pepperoni/Tomato Sauce) Shredded Mozzarella Cheese, 1oz 100% Whole Wheat Bread, 1 sl Steamed Green Beans, 1/2c Banana, 1ea</p> <p>VEG: Vegetarian Pizza Pasta Bake, 3/4 c</p>	<p>Wednesday, April 17, 2024</p> <p>NAE WG Chicken Nuggets, 4 ea Macaroni & Cheese, 3/4 c Ketchup Sweet Tender Peas, 1/2c Orange Wedges, 6 ea</p> <p>VEG: Macaroni & Cheese, 3/4 c Morningstar Veggie Nuggets, 4 ea.</p>	<p>Thursday, April 18, 2024</p> <p>Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1 c Caesar Dressing Parmesan Cheese Gala Apple, 1 ea.</p> <p>VEG: Black Beans, 3/4 c & WG Brown Rice w/Cauliflower, 2/3c</p>	<p>Friday, April 19, 2024</p> <p>Fish Patty on Bun, 1 ea. WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/2c Peaches in Juice, 1/2 c</p> <p>VEG: Veg Slider on Bun, 2 ea.; Cheese on side</p>
<p>Monday, April 22, 2024</p> <p>NAE Chicken Slider on Bun, 2ea Shredded Cheddar Cheese, 1oz Slider Bun, 2 ea Ketchup Steamed Green Beans, 1/2c Mixed Peaches & Pears in Juice, 1/2c</p> <p>VEG: Vegetarian Sausage Slider, 2ea</p>	<p>Tuesday, April 23, 2024</p> <p>Salisbury Steak & Gravy, 1ea Savory Mashed Potatoes, 1/2c Wheat Dinner Roll, 1ea Red Delicious Apple, 1ea</p> <p>VEG: Black Bean Chili, 3/4 c</p>	<p>Wednesday, April 24, 2024</p> <p>NAE GF Chicken Tender, 4ea Ketchup Plain WG Brown Rice w/Cauliflower, 2/3 c Fresh Baby Carrots, 1/2c Ranch Orange Wedges, 6ea</p> <p>VEG: Refried Beans(3/4c)/ Cheese (side)</p>	<p>Thursday, April 25, 2024</p> <p>WG Spaghetti w/ Beef & Lentils, 3/4c Shredded Mozzarella, 1oz 100% Whole Wheat Bread, 1 sl Baby Spinach, 1 c Ranch Banana, 1ea</p> <p>VEG: WG Spaghetti Marinara(3/4c)/Mozzarella</p>	<p>Friday, April 26, 2024</p> <p>Boneless Chicken Wing Dings, 4ea Ketchup Wheat Dinner Roll, 1ea Peas/Carrots/Green Beans/Corn/Lima Bean, 1/2c Orange Wedges, 6 ea</p> <p>VEG: Morningstar Veggie Nuggets, 6 ea.</p>
<p>Monday, April 29, 2024</p> <p>Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Shredded Cheddar Cheese, 1oz Ketchup Sweet Tender Peas, 1/2c Applesauce, 1/2c</p> <p>VEG: Veg Slider Bun, 2ea; Cheese (on side)</p>	<p>Tuesday, April 30, 2024</p> <p>NAE WG Chicken Nuggets, 4 ea. Macaroni & Cheese, 3/4 c Ketchup Tossed Salad w/Mixed Greens, 1 c Ranch Banana, 1ea</p> <p>VEG: Macaroni & Cheese, 3/4 c Morningstar Veggie Nuggets, 4 ea.</p>	<p>Wednesday, May 1, 2024</p> <p>Beef Nacho Fiesta, 1/2c Shredded Cheddar Cheese, 1oz GF Corn Tortilla Chips, 1/2c Sweet Yellow Corn, 1/2c Pears in Juice, 1/2 c</p> <p>VEG: Vegetarian Nacho Fiesta, 1/2c</p>	<p>Thursday, May 2, 2024</p> <p>Italian Beef Meatball Sub, 5ea Sub Roll, 1ea Shredded Mozzarella Cheese, 1oz Steamed Green Beans, 1/2c Golden Delicious Apple, 1ea</p> <p>VEG: Italian Veggie Meatball(3)Sub, 1 ea.</p>	<p>Friday, May 3, 2024</p> <p>Corn Dog Nuggets, 6ea Ketchup Tossed Salad w/Mixed Greens, 1 c Ranch Orange Wedges, 6 ea</p> <p>VEG: Morningstar Veggie Nuggets, 6 ea.</p>

Portions meet CACFP requirements:

3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit), 1/2 oz grain equivalent.

6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit), 1 oz grain equivalent.

GF =

contain egg & or milk

WG = Whole Grain

Gluten Free may

To see your Nutrislice Menu go to ffsfood.com. Customers, Menus, scroll to find your schools name OR click link:

<https://ffsfood.com/schools-2/>